



ALBANIAN INTERNATIONAL SCHOOL
TIRANA
Dream bigger - Learn better - Shine brighter

www.ais-tirana.org

Tel: +355 4 2273 488

November Menu

Please notice that the menu might change depending on local produce!!!!

Second Week

Date: 08/11/2021 – 12/11/2021

	Monday
Snack	Bread with butter and jam/cheese, boiled eggs, milk/juice.
Lunch	PRE-K & KG: Pumpkin and veal stock soup, pasta, bio chicken fillet, yoghurt, grated cheese, steamed broccoli, tomatoes and cucumber salad, fruits. Grade 1-9: Pumpkin and veal stock soup, homemade chicken meatballs hamburger, lettuce and vegetables salad, fruits.
	Tuesday
Snack	Bread with jam/cheese, boiled eggs, bruschetta, cereal (for PRE-Ks), milk.
Lunch	PRE-K&KG: Lentil and stock cream soup, rice, homemade chicken meatballs, yoghurt, vegetables salad, seasonal fruits, apple cake. Grade 1-9: Lentil and stock cream soup, veal stew (tasqebap), yoghurt, lettuce and vegetables salad, seasonal fruits, apple cake.



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	Wednesday
Snack	PRE-K and KG: Chef Vera's Donuts, tea/milk. Grades 1-9: Bread with cream cheese, boiled eggs, tea/milk.
Lunch	Meat and potato stew, Bolognese sauce, pasta, tomato sauce/panna/cheese, homemade pie with greens & cottage cheese, salad, fruits.
	Thursday
Snack	Bruschetta, bread with butter and jam/cheese, cereal (Pre-K & KG), boiled eggs, milk/juice.
Lunch	Chicken soup, peas stew, pasticcio, yoghurt, lettuce and vegetables salad, seasonal fruits.
	Friday
Snack	Bread with jam/cheese, boiled eggs, juice/milk.
Lunch	Pre-School and Kindergarten: Vegetables and veal cream soup, French fries, fresh vegetables salad, seasonal fruits/cookies. Grades 1-9: Vegetables and veal cream soup, sandwiches with xaxiki sauce, turkey and vegetables (tomatoes, cucumber onions), seasonal fruits/cookies.